September 25, 2002

David Martinez TWCC Medical Dispute Resolution 4000 IH 35 South, MS 48 Austin, TX 78704

MDR Tracking #: M2 02 1136 01

IRO #: 5251

has been certified by the Texas Department of Insurance as an Independent
Review Organization. The Texas Worker's Compensation Commission has assigned this
case to for independent review in accordance with TWCC Rule 133.308 which
allows for medical dispute resolution by an IRO.
has performed an independent review of the proposed care to determine if the
adverse determination was appropriate. In performing this review, all relevant medical
records and documentation utilized to make the adverse determination, along with any
documentation and written information submitted, was reviewed.

The independent review was performed by a matched peer with the treating doctor. This case was reviewed by a licensed Doctor of Osteopathy, board certified in Neurosurgery. The \_\_\_\_ health care professional has signed a certification statement stating that no known conflicts of interest exist between the reviewer and any of the treating doctors or providers or any of the doctors or providers who reviewed the case for a determination prior to the referral to \_\_\_\_ for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to the dispute.

## **CLINICAL HISTORY**

This is a 35 year old male who had back surgery on 6/7/2000. He had a back injury on \_\_\_\_. He did well from relief of his leg pain. He developed low back pain following the operation. His operating surgeon wanted to go on with a discogram after a new MRI was performed. This was initially rejected and then was recommended. He underwent what I consider a positive discogram at the L5/S1 level. This was his operative level. This is quite consistent to me with residual pain from the procedure. He had a normal study done at L4-5. I consider that a positive discogram. He was not considered a candidate for IDET.

## REQUESTED SERVICE

Anterior lumbar interbody fusion

### **DECISION**

The reviewer disagrees with the prior adverse determination.

### BASIS FOR THE DECISION

I believe the operating surgeon has done an excellent job at doing all conservative modalities. He included nerve blocks in his treatment, as well. He evaluated him as a candidate for the IDET and since he is not, an interbody fusion is certainly a reasonable alternative to pursue. The literature (there are a number of articles in "The Spine Journal") is consistent with interbody fusion as a standard of care for low back pain.

As an officer of, I certify that there is no known conflict between the reviewer, and/or any officer/employee of the IRO with any person or entity that is a party to the dispute.
is forwarding by mail and, in the case of time sensitive matters by facsimile, a copy of this finding to the treating doctor, payor and/or URA, patient and the TDI/TWCC.
Sincerely,

# YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

In the case of prospective *spinal surgery* decision, a request for a hearing must be made in writing and it must be received by the TWCC Chief Clerk of Proceedings within 10 days of your receipt of this decision. (20 Tex. Admin. Code 142.5(c)).

In the case of other *prospective* (*preauthorization*) *medical necessity* disputes a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) days of your receipt of this decision (28 Tex. Admin. Code 148.3).

This decision is deemed received by you 5 (five) days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5(d). A request for a hearing should be sent to: Chief Clerk of Proceedings, Texas Worker's Compensation Commission, P.O. Box 40669, Austin, TX 78704-0012. A copy of this decision should be attached to the request.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute, per TWCC rule 133.308(t)(2).